



**RALPH A. MASSEY, M.D., F.A.A.D.**  
DERMATOLOGIC, MOHS MICROGRAPHIC & COSMETIC SURGERY



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1260 15<sup>th</sup> STREET, SUITE 1401, SANTA MONICA, CA 90404  
TELEPHONE (310) 434-2495, FACSIMILE (310) 434-2497

## **WOUND CARE INSTRUCTIONS**

Each day:

Remove the old dressing.

Gently cleanse the wound with soap and water or 3% hydrogen peroxide with a fresh Q-Tip or regular gauze.

Pat the area dry and apply a layer of a bland topical ointment such as Vaseline or Aquaphor (or over the counter antibiotic ointment such as Polysporin or Bacitracin).

For small wounds cover the area with an appropriately sized band-aid. For larger wounds cover the area with a piece of non-stick / non-adherent gauze (such as “Telfa”) and paper tape.

You may take a shower without a bandage, but apply a fresh dressing immediately after.

If bleeding occurs please apply direct pressure over the wound for 15 minutes.

Please call us if the bleeding is not controlled by 15 minutes of direct pressure.

You may ice the area for 10-15mins every hour if needed for pain or swelling and you may take over the counter Tylenol for any pain.

Please call the office if you have pain not controlled by Tylenol and an ice pack.

Also please call us if a purulent discharge develops or the area becomes increasingly red, tender, hot or swollen. These may be signs of infection.