



WOUND CARE INSTRUCTIONS AFTER LOCALIZED CO2 LASER RESURFACING

What to expect after your resurfacing procedure:

- 1-7 Days PostOp.- Burning discomfort / Itching*
Crusting*
Oozing of clear straw colored fluid
- 7-10 Days Delicate new skin has covered the resurfaced area.
- 1-12 Weeks Redness that slowly fades – can be covered with makeup.

[*Note excessive or continued pain, itching or crusting may be a sign of wound infection or contact allergy- if this occurs do not hesitate to contact our office.]

What you should do after your resurfacing procedure:

- 1-7 Days PostOp.- Make up a dilute vinegar solution with one teaspoon of regular white vinegar in a cup of water.
- Soak clean gauze pads in the solution and gently ring out so it is wet but not dripping. Place the soaked gauze on the resurfaced area for 5-10 minutes. Gently pat the area dry but do not rub or scrub the area. If there is still a significant amount of crusting repeat the above.
- Apply a liberal covering of a clean ointment such as Vaseline or Auquphour.
- Cover the area with a small piece of non-stick gauze (eg. Telfa) with some paper tape.
- Repeat this whole procedure 2-3 times per day.
- 2-12 Weeks Use a broad spectrum sunscreen with an SPF of 30 or more, every day.

AVOID PICKING OR SCRATCHING.